

SPRING 2023

Enrichment Programs for Kids Listening Wellness Center

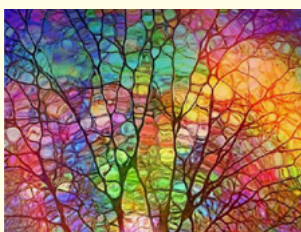


Creativity and Nature with Jen Swan

6 weeks: Mondays • 3/20, 3/27, 4/3, 4/10, 4/24, 5/8
4:00–5:00 pm • Ages 6–12 • \$65

Let's observe the beauty of Spring and our love of nature in a creative collection of art projects. We will twist wire tree sculptures, paint large scale flowers and work with clay, as our art enhances our respect and relationship with the natural world. Also, we will paint sky studies and create a battery powered cloud light.

REGISTER



Mixed-Media Painting with Jen Swan

6 weeks: Tuesdays • 3/21, 3/28, 4/4, 4/11, 4/25, 5/2
4:00–5:00 pm • Ages 12+ • \$65

Let's experiment with acrylic painting techniques as we paint on canvas, wood and glass in a series of mixed media projects. We will learn how to scale up an image on canvas, use gel medium to collage found objects on wood and try transparent paints for special effects on glass. Join us to build skills and enjoy independent art-making.

REGISTER



Spring Cooking Fun with Kathy Carmosino

4 weeks: Wednesdays • 3/22, 3/29, 4/5, 4/12
Ages 5–8 • 3:45–4:45 pm • \$48
Ages 9–12 • 5:00–6:00 pm • \$48

In this four week session we will prepare sweet and savory recipes together. Learning kitchen safety and skills along the way.

AGES 5-8

AGES 9-12



Karate with Brad Warren

8 weeks: Fridays • 3/24, 3/31, 4/7, 4/14, 4/28, 5/5, 5/12, 5/19
4:30–5:30 pm • Ages 5–9 • \$85

Children learn focus, flexibility, confidence and self-control using Goju-Ryu Karate techniques in a positive and supportive environment

REGISTER

HOW TO REGISTER: Click on each program button for more information and to register on Eventbrite.

PLEASE REGISTER EARLY: Cutoff date is 7 days prior to first class.

SCHOLARSHIPS are available. We encourage you to apply by emailing listeningwellnesscenter@gmail.com or selecting the scholarship ticket in the event.

Funding in part by local Cultural Councils including Hardwick/New Braintree Cultural Council, Hubbardston Cultural Council, and Oakham Cultural Council.

listeningwellness.org • 978-355-3501

Disclaimer: The activity announced here is NOT sponsored or approved by the Quabbin Regional School District. It is offered by a private agency.



Listening
Wellness Center