



All classes are
IN PERSON @ LISTENING!

FALL & HOLIDAY 2022

Enrichment Programs for Kids & Teens

at Listening Wellness Center

Color Me Happy with Jen Swan

6 weeks: Mondays • 3:45–4:45 pm • 9/19–11/7* • Ages 6–12 • \$65

We all have our favorite colors! We will learn how to mix and match colors and experiment with new drawing and painting techniques each week using acrylic paints, block printing inks and watercolors. Our artwork will range from colorful collages on canvas to fantasy landscapes, favorite animals and self portraits. Each class will be filled with your own colorful creations.

*No class on 10/10 or 10/31.

REGISTER

Creative Drawing with Jen Swan

6 weeks: Tuesdays • 3:45–4:45 pm • 9/20–10/25 • Ages 12+ • \$65

Expand your drawing techniques while experimenting with a range of drawing tools such as colored pencil, conte, marker, charcoal and pen and ink. We will explore texture effects, value, and color theory as you gain confidence in your drawing skills while portraying subject matters of your choice.

REGISTER

Pumpkin Spice Season with Kathy Carmosino

3 weeks: Wednesdays • 3:45–5:00 pm • 9/21, 9/28, 10/5 • Ages 5–8 • \$40

3 weeks: Wednesdays • 3:45–5:00 pm • 10/12, 10/19, 10/26 • Ages 9–12 • \$40

Together we will prepare savory and sweet recipes using pumpkin, pumpkin spices and other Fall classics, learning kitchen safety and techniques as we go. Samples will be sent home after each class and recipe folders will be taken home after the last class.

REGISTER

Karate with Brad Warren

7 weeks: Fridays • 4:30–5:30 pm • 9/23–11/18 (no class 10/7, 11/11) • Ages 5–9 • \$75

Children learn focus, flexibility, confidence and self-control using Goju-Ryu Karate techniques in a positive and supportive environment.

REGISTER

Holiday Classes Register by November 14

Holiday Gift Making with Jen Swan

3 weeks: Mondays • 3:45–5:00 pm • 11/28, 12/5, 12/12 • Ages 6–12 • \$40

Join us for this festive workshop series to make handmade gifts for your friends and family this holiday season. From ornaments, paintings and jewelry to fresh pine arrangements, each class will be filled with holiday cheer!

REGISTER

Holiday Baking with Kathy Carmosino

3 weeks: Wednesdays • 3:45–4:45 pm • 11/30, 12/7, 12/14 • Ages 5–8 • \$40

3 weeks: Wednesdays • 5:00–6:15 pm • 11/30, 12/7, 12/14 • Ages 9–12 • \$40

In this three week series we will prepare fun holiday treats together. Recipes will include a holiday cookie, cake or pudding, and a candy. All recipes will be sent home after our last class in a holiday folder. Kitchen safety and cooking techniques will be enforced each week.

REGISTER

HOW TO REGISTER: Click on each program button for more information and to register on Eventbrite.

PLEASE REGISTER EARLY: Cutoff date is **September 9** for all classes. We do have minimums and maximums for class size.

SCHOLARSHIPS Scholarships are available by a grant from Barre Savings Bank Charitable Foundation. We encourage you to apply by emailing listeningwellnesscenter@gmail.com or selecting the scholarship ticket in the event.

Funding in part by local Cultural Councils including Hardwick/New Braintree Cultural Council, Hubbardston Cultural Council, Barre Cultural Council, Oakham Cultural Council, and Barre Recreation.

COVID protocols will apply. For more details please reach out.

listeningwellness.org • 978-355-3501

Disclaimer: The activity announced here is NOT sponsored or approved by the Quabbin Regional School District. It is offered by a private agency.

